



Flatiron Mental Health Counseling

INFORMED CONSENT CHECKLIST FOR TELEPSYCHOLOGICAL SERVICES

Prior to starting video-conferencing services, we discussed and agreed to the following:

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session (video or audio component) without the others person's express permission.
- We agree to use the video-conferencing platform selected for our virtual sessions.
- You will need to use a webcam or smartphone for teletherapy sessions.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during teletherapy sessions.
- It is important to use a secure internet connection rather than public or free Wi-Fi.
- If you need to cancel or change your tele-appointment, please notify me in advance.
- We will need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location in the event of a crisis situation.
- As your therapist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and sessions should be resumed in-person.

Client Signature

Date